



## STATIONS OF THE RESURRECTION



*St. Joseph's Church, Calgary, AB*

THE WAY OF THE LIGHT (VIA LUCIS)  
celebrates and highlights the most glorious time  
in the Christian liturgical year, the fifty days  
from Easter (The Resurrection) to  
Pentecost (descent of the Holy Spirit)



***We invite you to participate fully in the prayers,  
songs and responses.***



LEADER: Gathering together let us begin in the name of the + Father and of the Son and of the Holy Spirit.

*Reading* | ROME 6:5,7,11

*For we have grown into union with Christ through a death like His, we shall also be united with him in the resurrection...If, then we have died with Christ, we believe that we shall live with him...Consequently, you too must think of yourselves as being dead to sin and living for God for Christ Jesus.*

PRAYER

Let us walk this pilgrimage of faith, the Via Lucis, as daughters and sons of the light and as witnesses of the Risen Lord. Let us meditate upon the resurrection of Christ and discover the pathway of light that Christ blazes through our lives.

(Brief silence)

*Alleluia, Alleluia, Alleluia!*

*O sons and daughters, let us sing!  
The King of heaven the glorious King,  
Over death today rose triumphing, Alleluia!*

# 1

## Jesus rises from the dead

LEADER We adore you O Christ in your Resurrection!  
ALL Because by your holy Cross you have redeemed the World.

### *Reading* | MATTHEW 28:5-6

*The angel said to the women. Do not be Afraid; I know that you are looking for Jesus who was crucified. He is not here; for he has been raised, as he said. Come, see the place where he lay.*

### REFLECTION & PRAYER

On the first day of the week, at the dawning of the new creation, Jesus arose from the dead. No one saw the event, yet like the apostles we are called to be witnesses of this central faith event. The light and power of Christ's death and resurrection has become the pattern for our living. Do we recognize Christ's dying and rising in our midst? (Brief silence)

RISEN SAVIOUR, by your cross and resurrection, you have fashioned for yourself a new people. Help us to recognize you in the presence of every friend and stranger. Help us to have courage in proclaiming your victory over sin and death.  
OUR FATHER... GLORY BE...

*Alleluia, Alleluia, Alleluia!*

*That Easter morn, at break of day,  
The faithful women went their way.  
To seek the tomb where Jesus lay, Alleluia!*





RESURRECTION, BY JAMES JACQUES TISSOT (1836-1902)



# 2

## The disciples discover the empty tomb

LEADER We adore you O Christ in your Resurrection!  
ALL Because by your holy Cross you have redeemed the World.

### *Reading* | JOHN 20:3-8

*Peter and the other disciples set out and went toward the tomb. The two were running together, but the other disciple outran Peter and reached the tomb first. He bent down to look in and saw the linen wrappings lying there but he did not go in. Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in place by itself. Then the other disciple who reached the tomb first also went in, and he saw and he believed.*

### REFLECTION & PRAYER

The empty tomb was not a proof of the resurrection, but rather a silent witness of the greatest event of our faith. Seeing the empty tomb the disciples were motivated to seek the Risen Jesus at work in their midst. (Brief silence)

RISEN SAVIOUR, we have grown continually in the marvellous discovery of your empty tomb. Help us to recognize all the empty and lonely places of human life where your work continues to be revealed.

OUR FATHER. GLORY BE...

*Alleluia, Alleluia, Alleluia!*

*The dear beloved apostle John  
Could faster than St. Peter run,  
Arriving first before the tomb. Alleluia.*



THE DISCIPLES PETER AND JOHN RUNNING TO THE SEPULCHRE ON THE MORNING OF THE RESURRECTION, c. 1898 by Eugene Burnard (1850-1921)

# 3

## Christ appears to Mary Magdalene

LEADER We adore you O Christ in your Resurrection!  
ALL Because by your holy Cross you have redeemed the World.

### *Reading* | JOHN 20:15-16, 18

*Jesus said to her, "Woman why are you weeping? Whom are you looking for? Supposing him to be the gardener, she said to him "Sir, if you have carried him away, tell me where you have laid him, and I will take him a way." Jesus said to her" Mary!" she turned and said to him in Hebrew "Rabbouni!" (which means teacher)... Mary Magdalene went and announced to the disciples, "I have seen the Lord," and she told them that he had said these things to her.*

### REFLECTION & PRAYER

Mary had been in the company of Jesus and his followers, and is given the privilege to announce the hope of new life. She is known over the centuries as the "the apostle to the Apostles." Jesus called her by name, gave her the eyes of faith, and called her to give a unique personal witness to her friends in the faith community. (brief silence)

RISEN SAVIOUR, your disciple Mary Magdalene was sent to bear witness to your Resurrection. Grant all members of your Church the grace to bear witness to your Risen glory.

OUR FATHER. GLORY BE...

*Alleluia, Alleluia, Alleluia!*

*Not Magdalen, not Salome,  
Nor James' own mother then delay  
Embalming Jesus' corpse that day. Alleluia.*





NOLI ME TANGERE BY FRA BARTOLOMMEO (BACCIO DELLA PORTA) (1472-1517)

# 4

## The Road to Emmaus

LEADER We adore you O Christ in your Resurrection!  
ALL Because by your holy Cross you have redeemed the World.

### *Reading* | LUKE 24:15,25-27

*While they were walking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him... Then he said to them, "O how foolish you are, and how slow of heart to believe all that the prophets have declared!. Was it not necessary that the Messiah should suffer these things and enter into his glory?" The beginning with Moses and all the prophets, he interpreted to them the things about himself in the scriptures.*

### REFLECTION & PRAYER

The Emmaus road is the story of the Christian life. In despair and dejection, the disciples away from Jerusalem and the apostolic faith community. They had lost hope. But they were not left alone. The risen Jesus has walked with them all the way. (brief silence)

RISEN SAVIOUR, you have been with us through the good times and bad. Your Words have helped us understand the stories of our lives, especially in our suffering. Grant that our hearts may burn with love for you in the revelation contained in Sacred Scripture.

OUR FATHER. GLORY BE...

*Alleluia, Alleluia, Alleluia!*

*That night the apostles met in fear;  
Amidst them came the Lord most dear,  
And said My peace be on all here. Alleluia.*



THE ROAD TO EMMAUS BY BY JAMES JACQUES TISSOT

# 5

## Christ is recognized in the Breaking of Bread

LEADER We adore you O Christ in your Resurrection!  
ALL Because by your holy Cross you have redeemed the World.

### *Reading* | LUKE 24:30-31

*When he was at table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him.*

### REFLECTION & PRAYER

The encounter on the road leads to the to the table, the breaking of the bread and the total gift of self. Recognition of the Risen Jesus is always linked with the Eucharist. At the heart of our Christian Life is this meal of Word and Eucharist which we celebrate every day. Our Risen Lord presides over all our journeys, wishing to set our hearts on fire in generous service to all people in need near and far. The gift we have received is the gift we share. Humbly, we set out on the various roads of our lives to respond to all the hungers of the human family. (Brief silence)

RISEN SAVIOUR, help us to love you always in the precious gift of the Eucharist and serve you in the members of your Body contained in Sacred Scripture.  
OUR FATHER. GLORY BE...

*Alleluia, Alleluia, Alleluia!*

*When Thomas, first the tidings heard,  
How they had seen the Risen Lord,  
He doubted the disciples' word. Alleluia.*



SUPPER AT EMMAUS, 1606 BY MICHELANGELO MERISI DA CARAVAGGIO (1571-1610)



# 6

## Christ appears to The Disciples

LEADER We adore you O Christ in your Resurrection!  
ALL Because by your holy Cross you have redeemed the World.

### *Reading* | LUKE 24:36-39

*Jesus himself stood among them and said to them: "Peace be with you."  
They were startled and terrified, and thought they were seeing a ghost.  
He said to them: "Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself.*

### REFLECTION & PRAYER

The disciples on the road to Emmaus quickly returned to the other disciples in Jerusalem with "burning hearts" for their despair had been reversed – Jesus is alive! They've seen Jesus' wounds glorified. All our wounds will one day be glorified. Jesus invites us to be "wounded healers," to be ambassadors of reconciliation, while we ourselves are being forgiven and healed.  
(Brief silence)

RISEN SAVIOUR, you have gathered the community of disciples and showed them your hands and your feet, your risen body. Fill our minds and hearts with the hope of future glory as children of God.  
OUR FATHER. GLORY BE...

*Alleluia, Alleluia, Alleluia!*

*My wounded side, O Thomas see;  
Behold My hands, My feet, said He  
Not faithless, but believing be. Alleluia.*



THE MAESTA ALTARPIECE - THE INCREDULITY OF ST. THOMAS DUCCIO. (1308)

# 7

## Christ breathes peace and gives the power to forgive

LEADER We adore you O Christ in your Resurrection!  
ALL Because by your holy Cross you have redeemed the World.

### *Reading* | JOHN 22:23

*He breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."*

### REFLECTION & PRAYER

Even though the doors of the upper room were bolted shut, the Risen Jesus pierced through all the fear and united the hearts of the disciples with the gift of peace. Deep inner peace is the root and source of the peace and joy that the world cannot give. The Risen Jesus calls us to seek peace always through non-violent commitment to conflict resolution and thus transform the world, relationship by relationship. (Brief silence)

RISEN SAVIOUR, you are truly the perfect Peace. May those who are at peace with one another hold fast to the good will that unites them; may those who are enemies forget their hatred and be healed.

OUR FATHER. GLORY BE...

*Alleluia, Alleluia, Alleluia!*

*No longer Thomas then denied,  
He saw the feet, the hands, the side;  
You are my Lord and God, he cried, Alleluia!*



FEED MY LAMB, BY JAMES JACQUES TISSOT



# 8

## Christ strengthens the faith of Thomas

LEADER We adore you O Christ in your Resurrection!  
ALL Because by your holy Cross you have redeemed the World.

### *Reading* | JOHN 20:27-28

*Then he said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." Thomas answered him, "My Lord and my God!"*

### REFLECTION & PRAYER

The story of Thomas is important because it is through Thomas' example that we realize that doubt can be a part of faith. Too easily we call him "Doubting Thomas" and forgetting that after examining the nail marks he fully embraced the Risen One as his Lord and Savior. Thomas' doubt was transformed into a lively faith. (Brief silence)

RISEN SAVIOUR, you provided all means for Thomas to overcome his doubt and confess you as Lord. Help us to be patient and understanding with those who are struggling, searching and seeking like Thomas. Increase within us faith in your saving victory.

OUR FATHER. GLORY BE...

*Alleluia, Alleluia, Alleluia!*

*That night the apostles met in fear;  
Amidst them came the Lord most dear,  
And said My peace be on all here. Alleluia.*





THE INCREDULITY OF THOMAS BY BERRARDO STROZZI (1581-1644)

# 9

## Christ appears by the Lake of Tiberias

LEADER We adore you O Christ in your Resurrection!  
ALL Because by your holy Cross you have redeemed the World.

### *Reading* | JOHN 21:9,13

*When they had gone ashore, they saw a charcoal fire there, with fish on it, and bread. Jesus said to them "Bring some of the fish that you have just caught."...Jesus came and took the bread and gave it to them and did the same with the fish.*

### REFLECTION & PRAYER

After the crucifixion the apostles returned to their former way of life. From the shore the Risen Jesus guided them and directed their nets until they were filled to overflowing. He calls them to an entirely new way of fishing – fishing for people. (Brief silence)

RISEN SAVIOUR, your appearance to the disciples filled them with strength and confidence. Grant that we never grow weary in our pilgrim journey, and may we be fed by making disciples in your name.  
OUR FATHER. GLORY BE...

*Alleluia, Alleluia, Alleluia!*

*On Sunday morn at break of day  
The sad disciples went their way  
To see the tomb where Jesus lay. Alleluia.*



MIRACULOUS DRAUGHT OF FISHES BY KONRAD WITZ (1400-10-44/6)

# Christ forgives Peter and entrusts him to feed his sheep

LEADER We adore you O Christ in your Resurrection!  
 ALL Because by your holy Cross you have redeemed the World.

## *Reading* | JOHN 21:17

*He said to him the third time, "Simon, son of John, do you love me?" Peter felt hurt because he said to him the third time "Do you love me?" And he said to Him, "Jesus, you know everything; You know that I love you." Jesus said to him, "Feed my sheep."*

## REFLECTION & PRAYER

The Risen Jesus directs his attention to Peter whose embarrassing three-fold denial was still ringing in his Heart. The questions posed by Jesus help Peter to find reconciliation and to embrace his new mission to tend and feed his sheep.

RISEN SAVIOUR, you have reconciled yourself to Peter and entrusted him as your Vicar on earth. Help us to overcome guilt and deception and make us whole with your love and forgiveness.

OUR FATHER. GLORY BE...

*Alleluia, Alleluia, Alleluia!*

*An angel clad in white they see,  
 Who sat and spoke unto the three,  
 Your Lord has gone to Galilee, Alleluia!*



CHRIST'S CHARGE TO PETER, BY RAPHAEL (1515).



# Christ sends out the Disciples into the whole world

LEADER We adore you O Christ in your Resurrection!  
 ALL Because by your holy Cross you have redeemed the World.

## *Reading* | MATTHEW 28:19-20

*Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember that I am with you always, to the end of the age.*

## REFLECTION & PRAYER

From the mountaintop, the Risen Jesus gives the “Great Commission” to reach out to the ends of the earth. We realize that we are the recipients of this faith filled mission: our ancestors embraced the faith of the apostles who were the original witnesses of the resurrection. (Brief silence)

RISEN SAVIOUR, you asked us to fulfil your command by teaching all peoples. Grant us a renewed understanding of how our own baptisms call us to ministry through the diversity of gifts given, as members of your Body.  
 OUR FATHER. GLORY BE...

*Alleluia, Alleluia, Alleluia!*

*And we with Holy Church unite,  
 As evermore is just and right,  
 in glory to the King of light. Alleluia.*



CALLING OF THE APOSTLES: 1481 BY DOMENICO GHIRLANDAIO

# Christ ascends into Heaven

LEADER We adore you O Christ in your Resurrection!  
 ALL Because by your holy Cross you have redeemed the World.

## *Reading* | ACTS 1:10-11

*As they were watching He was lifted up, and a cloud took him out of their sight. While He was going and they were gazing up toward Heaven, suddenly two men in white robes stood by them. They said "Men of Galilee, why do you stand looking up toward Heaven? This Jesus, who has been taken up from you into Heaven, will come in the same way as you saw him go into Heaven."*

## REFLECTION & PRAYER

The Scriptures do not portray the Ascension as a day of sadness. The disciples were consoled by the continuing presence of Jesus. They pray in anticipation of their mission. (Brief silence)

RISEN SAVIOUR, you have seated at the God's right hand in the heavenly places far above all rule and authority and power and dominion and above every other name in all ages to come. Strengthen us to fulfill the mission entrusted to us until we are with you in the eternal joy of your kingdom.  
 OUR FATHER. GLORY BE...

*Alleluia, Alleluia, Alleluia!*

*Our humble thanks to God let's show  
 And fitting praise on Him bestow  
 For Paschal blessings here below. Alleluia.*



THE ASCENSION OF CHRIST, 1495-98 BY PIETRO PERUGINO  
(1445-1523)

# Mary and the Disciples Keep Vigil for the Coming of the Holy Spirit

LEADER We adore you O Christ in your Resurrection!  
 ALL Because by your holy Cross you have redeemed the World.

## *Reading* | ACTS 1:13-14

*When they had entered the city they went to the room upstairs where they were staying. Peter and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeua and Simon the Zealot, and Judas son of James. All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers.*

## REFLECTION & PRAYER

Throughout the history of the Church, there have been apostolic movements dedicated to prayerful contemplation, and others resulting in transforming action. Only Jesus can refresh our spirits and renew us in the ministries that flow from our Baptism and Confirmation. (Brief Silence)

Risen Saviour, your disciples and mother kept vigil in prayer for your return. Deepen our love for prayer so that we too, together with Mary and the all the Saints, may be filled with the gifts of your Spirit.  
 OUR FATHER. GLORY BE...

*Alleluia, Alleluia, Alleluia!*

*On this most holy day of days,  
 To God your hearts and voices raise,  
 In laud and jubilee and praise. Alleluia!*





PFINGTEN (PENTECOST) BY JUAN DE FLANDES (1516)

# Christ sends the Holy Spirit

LEADER We adore you O Christ in your Resurrection!  
 ALL Because by your holy Cross you have redeemed the World.

## *Reading* | ACTS 2:1-4

*When the day of Pentecost had come, they were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit.*

## REFLECTION & PRAYER

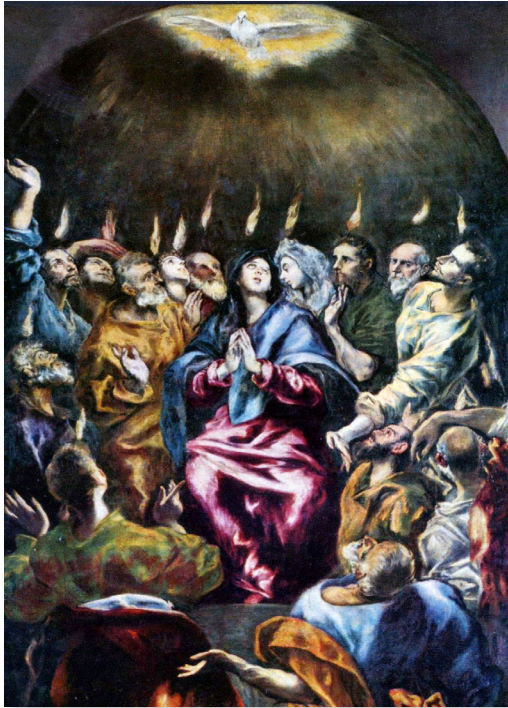
The power of the Holy Spirit drives the disciples from the Upper Room into the streets and marketplace. The Spirit compels them to take the message everywhere, in places familiar and unfamiliar, not stopping until they reach the ends of the world. We are called to be evangelizers and witnesses, near and far, wherever we go. (Brief silence)

Risen Saviour, you have clothed us with the Holy Spirit and you marked us as yours eternally. Your Spirit always goes before us, preparing the way and strengthening our hearts to be your generous servants. May your Spirit continually renew your Church.

OUR FATHER. GLORY BE...

*Alleluia, Alleluia, Alleluia!*

*O sons and daughters of the Lord,  
 The King of glory, King adored,  
 From death to life has been restored. Alleluia.*



THE PENTECOST BY EL GRECO (DOMENICO THEOTOCOPULI) (1541-1614)

LEADER: Lord, we pray to you for all the peoples of the earth.  
You who have conquered death, grant us your life,  
grant us your peace!

All: Amen.

LEADER: Let us ask the intercession of Mary, Mother of God  
to pray for us always.

HAIL MARY.



*Christ has risen!*

