

Novena to the Holy Trinity

Day 1

* SIGN OF THE CROSS

Glory be to the Father, who created me in the image and likeness of God.

Glory be to the Son, who through his Passion and Cross,

triumphed over hell and showed me the way to heaven.

Glory be to the Holy Spirit, who cleansed me of my original sin at Baptism and blesses me with graces every day.

Glory be to the Holy Trinity! Amen.

O MOST HOLY TRINITY, bless me with the gifts of the Holy Spirit.

Please give me wisdom so that I may recognize the importance of others and keep God central in my life.

Stir the hearts of the faithful in the Diocese of Calgary to accept the invitation to follow Christ more deeply, and grant me the courage to extend that invitation to others. May those called to lead in parish renewal be inspired to respond generously, guiding others through their witness of mercy and passion for your Kingdom.

With my voice and my heart, I glorify You, Father, Son and Holy Spirit. You are great and do wonderful things. You alone are my God. All praise and honour and glory are yours now and forever, O most Holy Trinity! Amen.

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O MOST HOLY TRINITY, bless me with the gifts of the Holy Spirit.

Please give me understanding so that I may grasp the meaning of God's message.

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O MOST HOLY TRINITY, bless me with the gifts of the Holy Spirit.

Please give me knowledge so that I may think about God's revelation and know that there are mysteries of faith beyond my understanding.

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O MOST HOLY TRINITY, bless me with the gifts of the Holy Spirit.

Please give me counsel so that I may know the best way to follow God's divine plan in my life.

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O MOST HOLY TRINITY, bless me with the gifts of the Holy Spirit.

Please give me fortitude so that I may have the courage to do what is right in Your eyes.

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O MOST HOLY TRINITY, bless me with the gifts of the Holy Spirit.

Please give me piety so I may pray to God with real devotion.

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O MOST HOLY TRINITY, bless me with the gifts of the Holy Spirit.

Please give me fear of the Lord so that I may experience the feeling of amazement before God.

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O MOST HOLY TRINITY, bless me with the gifts of the Holy Spirit.

Please give me joy so that I may know that all happiness comes from You.

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O MOST HOLY TRINITY, bless me with the gifts of the Holy Spirit.

Please give me goodness so that I may be an example of Your goodness in the world.

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Prayer of Renewal

Father in heaven,
may the faith you have given us in your son,
Jesus Christ, our brother, and the flame of charity
enkindled in our hearts by the Holy Spirit,
reawaken in us the blessed hope
for the coming of your Kingdom.

May your grace transform us into faithful missionary disciples, capable of cultivating the seeds of the Gospel in our families and our parishes.

May those seeds transform humanity and the whole cosmos in the sure expectation, of a new heaven and a new earth, when, with Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope on the path of renewal, a yearning for the treasures of heaven.

May that same grace spread the joy and peace of our Redeemer throughout the earth.

To you our God, eternally blessed, be glory and praise for ever. Amen

Prayer adapted from The Jubilee Prayer, Pope Francis, 2023.

