

BULLETIN INSERTS

Isaiah 61:1

THE LORD
HAS ANOINTED
ME TO BRING
good news
TO THE POOR.

Alcove Addiction Recovery for Women Society promotes recovery to meet the physical, emotional, spiritual, occupational, and social needs of each client. It is especially important for women who are mothers and who might otherwise avoid recovery for fear of being separated from their children. They offer accommodations and programs that keep families intact and allow mothers and their children to remain together during recovery.

With the ***Bishop O'Byrne Housing Association*** subsidy and the support of Together in Action, families no longer fear ending up back at a shelter. A recipient tears up and looks to the sky when saying that God finally listened to his prayers about having a safe and affordable home for him and his wife to raise their son.

Calgary Meals on Wheels successfully helps clients live comfortably with fresh and healthy food and clients eagerly wait to greet volunteers. It gives clients independence, self-esteem, and a better quality of life.

When I had some extra time to give back to the community, I decided to volunteer with the ***Calgary Seniors' Resource Society***. When I first met Elizabeth, she was very lonely as her husband was in a care facility where she would visit him every Sunday. I started with calls a few times a week which led to dinners, movies, shopping, etc. We have celebrated life events and have become great friends and I feel that being matched with her has given me many positive changes in my life. Elizabeth is now living in an independent retirement home. We continue our visits and chats and I consider her a very important person in my life and is more than just a friend.

Calgary Inter-Faith Food Bank

We literally had nothing in the fridge to eat for this weekend and are depressed. After visiting you folks today I feel uplifted. Now I know we can make it until payday.

Crossroads Clinic, Brooks continues with the support of Together in Action to care, support and provide valuable medical services to those in crisis during an unplanned pregnancy or sexual health issues. With your support, we have hundreds visit our clinic. We present to over 2000 students "Ease the Talk" (a program to equip parents to talk with teens about sexuality from their beliefs and values).

Crowsnest Pass Women's Resource and Crisis Centre is funded by Together in Action and is a valuable community resource for individuals, families and other agencies. It helps women, youth, and families develop healthy strategies for every day concerns and resources to keep themselves safe. It has become a very open welcoming space for anyone to come access support.



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Independent Living Resource Centre

Clients reaching pension age no longer have access to Assured Income for the Severely Handicapped. One of our coordinators facilitated a workshop on *Registered Savings Plan for Disabled* so people in this situation can access a federal grant for financial stability. This information helps individuals apply for this grant and start the savings program leading to improving their circumstances out of poverty. This workshop gives participants hope for their future.

Interfaith Food Bank Society of Lethbridge

Together in Action provides funding for our Volunteer Program, including the costs associated with volunteer screening, training and recognition who do the bulk of the work at the food bank. We have 8 staff, 60+ weekly volunteers, and over 200 annual volunteers. We could not provide the programs and services we do without the help of our dedicated volunteers. Volunteers contributed 12,000 hours of service to us.

Lethbridge Soup Kitchen provides a daily hot lunch to 70 – 100 guests from Monday to Saturday for the poor and hungry in the name of Christ.” They also seek to increase public awareness of the needs of the poor and hungry.

Together in Action started in 1992 to live out Christ’s teaching (share our gifts & care for our vulnerable population), to consolidate financial asks in parishes by various agencies locally, nationally, and internationally, to allows parishioners to financially support over TIA recipients, and to educate parishioners about the plight of others.

