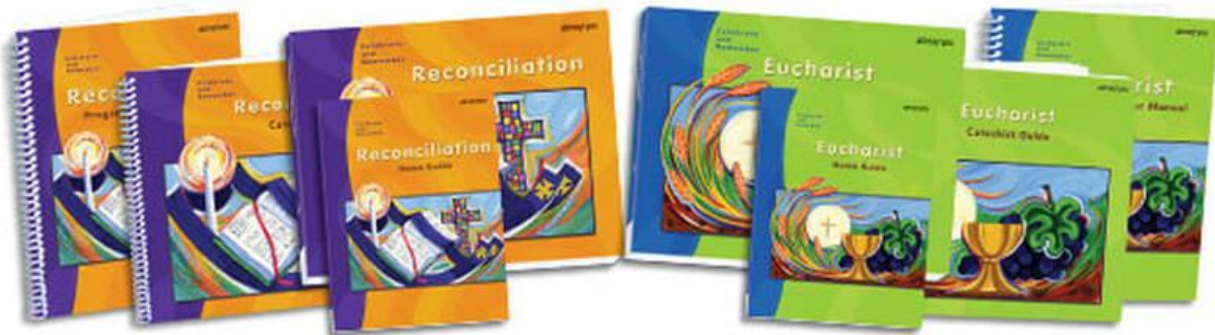


# First Eucharist Sacrament Preparation

---

Quick Reference Guide for Parents  
Chapters 7 & 8



ROMAN CATHOLIC  
**DIOCESE**  
*of Calgary*

## CHAPTER 7

### Do This in Memory of Me



#### **We Listen** Pages 62-63

The Scripture story about the last supper is the very first celebration of the Eucharist.

At every Mass, the priest repeats Jesus' words from the Last supper, and that at every Mass, the bread and the wine become the Body and Blood of Christ. Jesus himself is truly present in the Eucharist.

This is the Last Supper because it is the last meal he shared with his disciples before his death and resurrection.

The Passover meal celebrates the Israelites freedom from slavery in Egypt. The Last Supper celebrates how God frees us from sin through his Son, Jesus.



#### **We Learn** Pages 64-67

Jesus instituted the Eucharist in the Last Supper where the bread and wine are changed into his Body and Blood and the Church has been celebrating the Eucharist since the Last Supper.

The Liturgy of the Eucharist begins when the gifts of bread and wine are brought to the altar.

When the Priest repeats the words of Consecration at Mass (For this is my body...my blood), the Holy Spirit works through the actions and words of the priest to change the bread and wine into his Body and Blood.

After the priest consecrated the bread and wine, Jesus is truly present. The bread and wine still look as they did before the consecration, but the Holy Spirit has changed these gifts into Christ's Body and Blood.



#### **We Live** Pages 68-69

What does the priest do after he says the words of Jesus?

He goes down on one knee. He genuflects. Why?

Because Jesus is present; it is a sign of worship, respect and adoration.

## CHAPTER 8

### Thy Kingdom Come



#### **We Listen** Pages 72-73

Jesus taught us many important things about God.

In today's Scripture, we learn how Jesus taught us to talk to God.

Why do we pray? To love him, ask for his help, ask for forgiveness and to thank and praise him.

The Our Father teaches us to recognize God as our heavenly Father who desires to give us our daily bread, the daily graces we need to grow as his children.



#### **We Learn** Pages 74-77

The Kingdom of God is the power of God's love ruling over all the world and we pray that it may grow in the world and in our hearts.

The Lord's Prayer sums up all that Jesus taught us (*see pg.76 for details*)

When we pray the Our Father  
And ask for our daily bread, we are preparing our hearts to receive the bread of Life!



#### **We Live** Pages 78-79

The Our Father teaches us everything that we need.

Because God is Our Father, he loves each and everyone of us.

After we pray the Lord's Prayer at Mass, we exchange the Sign of Peace Which is a reminder of what Jesus said to his disciples at the Last Supper: "Peace I leave you; my peace I give to you" (John 14:27).