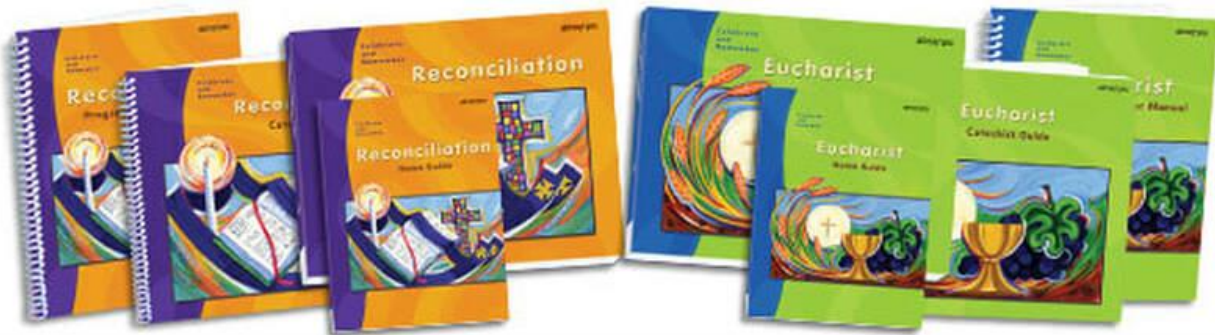


First Eucharist Sacrament Preparation

Quick Reference Guide for Parents
Chapters 5 & 6



ROMAN CATHOLIC
DIOCESE
of Calgary

CHAPTER 5

The Word of the Lord



We Listen Pages 42-43

When we read the Old Testament, we hear about God's desire to heal and free his people.

Jesus is the one that the Prophet Isaiah is speaking of. He will come ultimately to heal us from our sins and set us free from death.



We Learn Pages 44-47

We learn that God speaks to us through the sacred Scriptures. The Bible is the word of God and teaches us how to live according to God's laws.

There are two parts of the Bible: The Old Testament and the New Testament; the Gospels are part of the New Testament and tell us about Jesus' life, death and resurrection.

Hearing God's Word in the Liturgy of the Word helps prepare us to receive the Body and Blood of Christ.



We Live Pages 48-49

We pray that the Holy Spirit enlightens our minds and help us listen to understand the Word of God.

We can ask other people to help us understand the Scripture readings.

Find the phrases that you understand and pray with them; allow Jesus to speak to you through them.

CHAPTER 6

I Believe



We Listen Pages 52-53

Bartimaeus was able to see first through the light of faith which allowed him to see by the light of the sun.

By his trust and confidence, Bartimaeus opened himself up to receive the healing power of Jesus.



We Learn Pages 54-57

The Creed we pray at Mass is a statement of our beliefs which we express publicly just like Bartimaeus.

The most important of the Creed is the Trinity, Father, Son and the Holy Spirit.

We also believe in the life after death and all the teachings of God handed onto us through the Church.

We have two ways in praying the Creed: The Apostle's Creed and the Nicene Creed. Each time we pray the creed, we continue to accept the faith we received at Baptism.



We Live Pages 58-59

We appreciate the gift we received at Baptism by truly praying the Creed and living our faith.

The word "*Creed*" can be traced back to the two Latin words "*cor*" and "*do*".

"*Cor*" means – heart; and "*do*" means – I give. So to pray the Creed means to give one's heart or devote one's heart to the Creed.