

# MEMORANDUM



ROMAN CATHOLIC  
**DIOCESE**  
*of Calgary*

DATE May 26, 2021  
TO Priests, Deacons, Parish Office Staff, and Safety Coordinators  
FROM Fr. Wilbert Chin Jon  
SUBJECT Isolation and Quarantine Requirements for Vaccinated Albertans

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When a person has never been vaccinated for COVID-19, the usual requirements for isolation and quarantine apply:

- isolate for 10 days or until symptoms have resolved (whichever is longer) if tested positive or have any of the core symptoms that are not related to a pre-existing illness or health condition
- quarantine for 14 days if you are a close contact of someone with COVID-19, or if you travelled outside of Canada.

For more information on what constitutes a close contact, please see the appendix.

The following is the updated requirements for isolation and quarantine when considered a close contact to a confirmed case. This only applies to those who have been vaccinated at least once.

Source:

[https://www.alberta.ca/isolation.aspx?utm\\_source=redirect&utm\\_medium=all&utm\\_campaign=Covid19&utm\\_term=isolation](https://www.alberta.ca/isolation.aspx?utm_source=redirect&utm_medium=all&utm_campaign=Covid19&utm_term=isolation)

**If you are fully-vaccinated\* and are exposed to a COVID-19 case:**

- If you have no symptoms, you are not required to quarantine.
- If you do have symptoms, you must isolate for 10 days and should get tested – your isolation can end early if you test negative.

*\*You are considered fully vaccinated 14 days after receiving both doses in a 2-dose vaccine series, or 1 dose in a 1 dose vaccine series.*

**If you are partially vaccinated\*\* and are exposed to a COVID-19 case:**

- If you have no symptoms, you must quarantine for 10 days and should get tested.
  - Your quarantine can end early if you test negative on day 7 or later.

- If you test negative before day 7, you must remain in quarantine and need a second negative test on day 7 or later to end quarantine.
- If you do have symptoms, you must isolate and should get tested.
  - If you test negative before day 7, you must continue to quarantine (10 days total from exposure date).
  - If you test negative on day 7 or later and your symptoms have resolved, your quarantine can end.

*\*\*You are considered partially vaccinated 14 days after receiving the first dose in a 2-dose vaccine series.*

## APPENDIX

### **A close contact of a person infected with COVID-19 is someone who:**

- provides care or has close physical contact without appropriate use of personal protective equipment
- comes into direct contact with infectious body fluids
- comes within 2 metres of them for more than 15 minutes