



Morning  
prayer

*Thank you Lord*  
for your presence in our family.

Thank you because with Your strength  
we can always get back up  
and continue on our way,  
overcoming difficulties,  
problems, misunderstandings.

Help us to invent new gestures of love,  
because “those who love live in joy”.  
Help us make the dream for our family  
that You have in your heart come true.  
Amen.

*Faithfully*  
FAITH. LIVED. FULLY.

Prayer: [laityfamilylife.va](http://laityfamilylife.va)

Noon  
prayer

*Lord*

our family is not perfect  
but we don't want to give up  
seeking the fullness of love  
that You promise to us.

Grant us, O Lord,  
Your strength to overcome  
our limitations and  
to continue to journey together.

Help us to give to someone else  
the joy of feeling loved.  
Help us to fix our gaze with love on  
each person, just like You do.  
Amen.

*Faithfully*  
FAITH. LIVED. FULLY.

Prayer: [laityfamilylife.va](http://laityfamilylife.va)

Evening  
prayer

*Lord*

we have experienced the strength  
of Your presence in solitude,  
in suffering, in difficult moments.

Help us share with other  
brothers and sisters the joy of having  
encountered your living presence  
in our lives and in our family.

Help us to be an open family,  
one that knows how to welcome,  
that knows how to take care of others.

Help us to transform the world  
with Your love. Amen.

*Faithfully*  
FAITH. LIVED. FULLY.

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Prayer to the  
Holy Family

*Jesus, Mary and Joseph,*

in you we contemplate the splendour of true  
love; to you we turn with trust.

Holy Family of Nazareth,  
grant that our families too  
may be places of communion and prayer,  
authentic schools of the Gospel  
and small domestic churches.

Holy Family of Nazareth,  
may families never again experience  
violence, rejection and division;

may all who have been hurt or scandalized  
find ready comfort and healing.

Holy Family of Nazareth,  
make us once more mindful of the  
sacredness and inviolability of the family,  
and its beauty in God's plan. Jesus, Mary and  
Joseph, Graciously hear our prayer.

Amen.

Francis, 19 March 2016

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