

HOW TO CELEBRATE



Reconciliation

This is my commandment, that you love one another as I have loved you. JOHN 15:12

In the name of the Father, and of the Son, and of the Holy Spirit, Amen. ✝



1



✝ In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

2

Bless me Father for I have sinned. This is my first confession. OR

Bless me Father for I have sinned. It has been _____ weeks/months since my last confession.



THEN CONFESS YOUR SINS, SIMPLY AND SINCERELY.

My sins are_____, _____, _____

3

WHEN YOU HAVE FINISHED CONFESSING YOUR SINS, SAY:

For these and all my sins, I am truly sorry.



PRIEST GIVES SOME ADVICE.

HE GIVES YOU A PENANCE, AND ASKS YOU TO EXPRESS THAT YOU ARE TRULY SORRY FOR THE SINS YOU CONFESSED BY SAYING THE ACT OF CONTRITION.

4

ACT OF CONTRITION

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Saviour Jesus Christ suffered and died for us. In his name, my God, have mercy.



THE PRIEST WILL PRAY OVER YOU AND GIVE YOU ABSOLUTION.

... I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit.

5

Thanks be to God.



Go in peace.

Reconciliation

- 1 Jesus says, “This is my commandment, that you love one another as I have loved you.” Ask the Holy Spirit to help you to love as Jesus loves us. Then say this prayer:

Come, Holy Spirit
Come, Holy Spirit
Come, Holy Spirit

- 2 Answer honestly the following questions:

- Have I used God’s name and the name of Jesus with respect?
- Have I honoured God by saying my prayers?
- Have I done my best to pay attention at Mass and to pray and sing with my parish?
- Have I shown love to my parents and others who care for me by listening to them and always doing as they ask?
- Have I lied to my parents or teachers?
- Have I been helpful to my brothers and sisters? Have I been mean to them?
- Have I treated others in a kind and friendly way? Or, have I been mean to others?
- Have I played fairly?
- Did I call names or tell lies about someone?
- Did I share my things with others?
- Have I treated the belongings of others carefully? Have I taken what does not belong to me?

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