



Strive for holiness, put on Love

2020 IMPACT REPORT
COUPLES FOR CHRIST
CALGARY, ALBERTA



FAMILIES IN THE HOLY SPIRIT RENEWING THE FACE OF THE EARTH

VISION:

Moved by the Holy Spirit, one with the Catholic Church, blessed to witness to Christ's love and service, Couples for Christ is a united global community of family evangelizers that sets the world on fire with the fullness of God's transforming love.

MISSION:

BUILDING THE CHURCH OF THE HOME, BUILDING THE CHURCH OF THE POOR.

We are Couples for Christ. We are committed to live in God's righteousness and holiness, evangelizing people through a life of love and service; we shall work for the renewal of families that will serve God and build generations of Christian leaders; and, we shall pursue Total Christian Liberation through social justice, respect for life, and work with the poor.

HISTORY:

- Started in Manila, Philippines, CFC began in 1981
- Now present in over 100 countries
- **CFC Calgary was established on July 17, 1995**



OUR CFC CALGARY COMMUNITY

CFC & FAMILY MINISTRIES

- CFC Couples for Christ – 1402
- SFC Singles for Christ – 138
- YFC Youth for Christ – 249
- KFC Kids for Christ – 40
- HOLD Handmaids of the Lord – 110
- SOLD Servants of the Lord – 19

MISSION AREAS

Airdrie	High River
Banff	Langdon
Brooks	Lethbridge
Cardston	Medicine Hat
Canmore	Nanton
Chestermere	Okotoks
Claresholm	Olds
Cochrane	Strathmore
Cranbrook	Taber
Drumheller	

TOTAL MEMBERSHIP – 1958

* Including Mission Areas

SPIRITUALLY & VIRTUALLY UNITED



CFC Calgary responded to the emerging reality of the Pandemic

- Despite the pandemic, CFC Calgary membership increased by **3% or 63 individuals** from 2019.
- And continued to provide pastoral and spiritual nourishment to its members.

We've gone **VIRTUAL!!!**

- Household Prayer Meetings
- Prayer Assemblies
- Formation Teachings and Retreats
- Daily Rosary and Prayers
- Christian Life Programs (*CLP)
 - * CLP is the gateway to membership in CFC

To Learn more about Couples for Christ visit us in our website

- <https://www.couplesforchristglobal.org/>
- <https://couplesforchrist.ca/>
- <https://www.facebook.com/groups/CouplesforChristCalgary/>

OUTREACH AND MORE...

Help Thy Neighbour Campaign

- Food Packages delivered to over **200** families and nearly **200** individuals affected by COVID 19 in Calgary, Banff, Canmore, Brooks, High River, Cochrane and Okotoks.

Love More 3.0 Benefit Concert

- Raised over **\$4,000** for the benefit of retired priests in the Diocese of Calgary

H.O.P.E. – Help Our Parish Everyday

- Over **\$9,000** raised through virtual concerts and caroling which were donated to various parishes.
- Countless volunteer hours in various parishes throughout the Diocese of Calgary during the Pandemic. (i.e. Mass; sacraments; grounds maintenance; etc.)
- Various regular fundraising such as bottle drives, bread ministries and food drives for the benefit of parishes.

ANCOP – Answering the Cry of the Poor

For the benefit of the Poor in the Philippines, India, and Africa.

- Ancop Walk
- Lenten Cards
- Give Love on Christmas Campaign
- **DONATE** at <https://ancopcanada.org/>

