

FIRST EUCHARIST RETREAT TEACHING SUMMARY

	Objectives	Teaching Steps	Activities	Materials
Arrival and Gathering	<ul style="list-style-type: none"> To welcome the children and parents as they arrive 			<ul style="list-style-type: none"> Name Tags
Welcome and Opening Prayer	<ul style="list-style-type: none"> To pray together as a community To explain the purpose of the retreat 	<ul style="list-style-type: none"> Say an opening prayer Explain the purpose of the retreat Explain the Respect Rule Introduce an attention grabber 		<ul style="list-style-type: none"> Prayer Table Bible Candle <i>Program Director Manual</i>
Part of the Mass Center	<ul style="list-style-type: none"> To review the order of the Mass and what happens during each part 	<ul style="list-style-type: none"> Review instructions for activity Provide the correct order of the Mass 	<ul style="list-style-type: none"> Match-Up Cards 	<ul style="list-style-type: none"> Set of "Match-Up Cards"
Church Tour Center	<ul style="list-style-type: none"> To familiarize the children with the different objects, sacred vessels, liturgical books, vestments, and liturgical colors used during Mass 	<ul style="list-style-type: none"> Guide participants through a church tour, explaining the different objects found in a church or seen used during Mass 	<ul style="list-style-type: none"> Church Tour 	<ul style="list-style-type: none"> "Church Tour Guide" Objects, Sacred Vessels, Liturgical Books, and Vestments Child's Book "Liturgical Objects" and "Liturgical Vestments" Match Up Worksheets (optional)
How to Receive Communion Center	<ul style="list-style-type: none"> To teach the children the proper reception of Holy Communion 	<ul style="list-style-type: none"> Read steps on pages 84 to 85 of the <i>Catechist Guide</i> Lead the group into a discussion on proper manners Review section on "How to Receive Communion" on page 110 of both the <i>Catechist Guide</i> and Child's Book 	<ul style="list-style-type: none"> Discussion on proper manners Practice how to receive Communion 	<ul style="list-style-type: none"> <i>Catechist Guide</i> Child's Book Unconsecrated Hosts or Crackers Empty Chalice

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Guided Meditation before the Blessed Sacrament	<ul style="list-style-type: none"> To provide the children and parents with an opportunity to speak to Jesus and pray before the Blessed Sacrament 	<ul style="list-style-type: none"> Go through Guided Meditation Lead the families into a discussion about their experience during the Guided Meditation (if time permits) 	<ul style="list-style-type: none"> Guided Meditation Discussion (if time permits) 	<ul style="list-style-type: none"> Copy of "Guided Meditation" Soft, meditative music
Closing Prayer and Sending Forth	<ul style="list-style-type: none"> To bless/send forth the children 	<ul style="list-style-type: none"> Read closing prayer on page 100 or both the <i>Catechist Guide</i> and Child's book OR Read closing prayer on page 101 of <i>Program Director Manual</i> 		<ul style="list-style-type: none"> <i>Catechist Guide</i> Child's Book OR <i>Program Director Manual</i>