**FIRST EUCHARIST RETREAT TEACHING SUMMARY**

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|  | **Objectives** | **Teaching Steps** | **Activities** | **Materials** |
| **Arrival**  **and**  **Gathering** | * To welcome the children and parents as they arrive |  |  | * Name Tags |
| **Welcome**  **and**  **Opening Prayer** | * To pray together as a community * To explain the purpose of the retreat | * Say an opening prayer * Explain the purpose of the retreat * Explain the Respect Rule * Introduce an attention grabber |  | * Prayer Table * Bible * Candle * *Program Director Manual* |
| **Part of the Mass Center** | * To review the order of the Mass and what happens during each part | * Review instructions for activity * Provide the correct order of the Mass | * Match-Up Cards | * Set of "Match-Up Cards" |
| **Church Tour**  **Center** | * To familiarize the children with the different objects, sacred vessels, liturgical books, vestments, and liturgical colors used during Mass | * Guide participants through a church tour, explaining the different objects found in a church or seen used during Mass | * Church Tour | * "Church Tour Guide" * Objects, Sacred Vessels, Liturgical Books, and Vestments * Child's Book * "Liturgical Objects" and "Liturgical Vestments" Match Up Worksheets (optional) |
| **How to Receive**  **Communion**  **Center** | * To teach the children the proper reception of Holy Communion | * Read steps on pages 84 to 85 of the *Catechist Guide* * Lead the group into a discussion on proper manners * Review section on "How to Receive Communion" on page 110 of both the *Catechist Guide* and Child's Book | * Discussion on proper manners * Practice how to receive Communion | * *Catechist Guide* * Child's Book * Unconsecrated Hosts or Crackers * Empty Chalice |
|  | **Objectives** | **Teaching Steps** | **Activities** | **Materials** |
| **Guided Meditation before the Blessed Sacrament** | * To provide the children and parents with an opportunity to speak to Jesus and pray before the Blessed Sacrament | * Go through Guided Meditation * Lead the families into a discussion about their experience during the Guided Meditation (if time permits) | * Guided Meditation * Discussion (if time permits) | * Copy of "Guided Meditation" * Soft, meditative music |
| **Closing Prayer and**  **Sending Forth** | * To bless/send forth the children | * Read closing prayer on page 100 or both the *Catechist Guide* and Child's book   OR   * Read closing prayer on page 101 of *Program Director Manual* |  | * *Catechist Guide* * Child's Book   OR   * *Program Director Manual* |