**FIRST EUCHARIST RETREAT TEACHING SUMMARY**

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|  | **Objectives** | **Teaching Steps** | **Activities** | **Materials** |
| **Arrival** **and****Gathering** | * To welcome the children and parents as they arrive
 |  |  | * Name Tags
 |
| **Welcome** **and****Opening Prayer** | * To pray together as a community
* To explain the purpose of the retreat
 | * Say an opening prayer
* Explain the purpose of the retreat
* Explain the Respect Rule
* Introduce an attention grabber
 |  | * Prayer Table
* Bible
* Candle
* *Program Director Manual*
 |
| **Part of the Mass Center** | * To review the order of the Mass and what happens during each part
 | * Review instructions for activity
* Provide the correct order of the Mass
 | * Match-Up Cards
 | * Set of "Match-Up Cards"
 |
| **Church Tour****Center** | * To familiarize the children with the different objects, sacred vessels, liturgical books, vestments, and liturgical colors used during Mass
 | * Guide participants through a church tour, explaining the different objects found in a church or seen used during Mass
 | * Church Tour
 | * "Church Tour Guide"
* Objects, Sacred Vessels, Liturgical Books, and Vestments
* Child's Book
* "Liturgical Objects" and "Liturgical Vestments" Match Up Worksheets (optional)
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| **How to Receive** **Communion****Center** | * To teach the children the proper reception of Holy Communion
 | * Read steps on pages 84 to 85 of the *Catechist Guide*
* Lead the group into a discussion on proper manners
* Review section on "How to Receive Communion" on page 110 of both the *Catechist Guide* and Child's Book
 | * Discussion on proper manners
* Practice how to receive Communion
 | * *Catechist Guide*
* Child's Book
* Unconsecrated Hosts or Crackers
* Empty Chalice
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|  | **Objectives** | **Teaching Steps** | **Activities** | **Materials** |
| **Guided Meditation before the Blessed Sacrament** | * To provide the children and parents with an opportunity to speak to Jesus and pray before the Blessed Sacrament
 | * Go through Guided Meditation
* Lead the families into a discussion about their experience during the Guided Meditation (if time permits)
 | * Guided Meditation
* Discussion (if time permits)
 | * Copy of "Guided Meditation"
* Soft, meditative music
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| **Closing Prayer and** **Sending Forth**  | * To bless/send forth the children
 | * Read closing prayer on page 100 or both the *Catechist Guide* and Child's book

OR* Read closing prayer on page 101 of *Program Director Manual*
 |  | * *Catechist Guide*
* Child's Book

OR* *Program Director Manual*
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